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Relief Costs
See Story, page 10

Carolina Country®

July 1984

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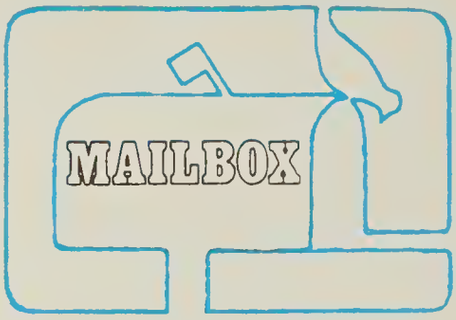

Magazine Aids Scout Leader

I find your magazine to be a source of useful information for my Boy Scout Troop. Please include my name and address on your non-member subscription list.

Ash Carper
Elizabethtown

Bluebird Story: "So Interesting"

I must tell you how very much I enjoyed the story in your March issue titled "Can Bluebirds Count?" It was so interesting and well written. Tell Mr. McKinney to keep up the good work!

Louise Ott
Eutawville, S.C.

Recipes Make A Hit

I enjoy ALL the recipes very much!

Mary Holder
Ft. Mill, S.C.

Decline In Smoking Due In Part To "Punitive Tax"

Your observations in the May issue's "Washington Scene" column on the anti-tobacco forces' attempts to destroy our nation's oldest business enterprise concisely described the many battlefronts we in the tobacco economy face.

You noted the 31 billion unit decrease in cigarette consumption in 1983. While the "warnings against cigarette use" you mentioned probably have played a role in some people smoking fewer cigarettes, there is a much more concrete reason why sales dropped seven percent last year: *the doubling of the federal excise tax on cigarettes.*

On January 1, 1983, the federal tax increased to 16 cents from eight cents per pack. Prior to the passage of this tax, we estimated a 5 percent decrease in consumption the first year. Unfortunately, we were extremely close with our prediction.

The first Chief Justice of the United States Supreme Court, John Marshall, said: "The power to tax involves the power to destroy." The American tobacco economy found this to be true in 1983: more damage was done to U.S. tobacco interests by the doubling of the cigarette tax in one year than by 20 years of anti-smoke warnings.

Everyone connected with tobacco in North Carolina—and that means about every segment of our state's economy—should be working to have this punitive tax decreased.

Our economic survival depends on it.

Reginald L. Leste
Managing Directo
Tobacco Growers' Informatio
Committee, Inc
Raleig

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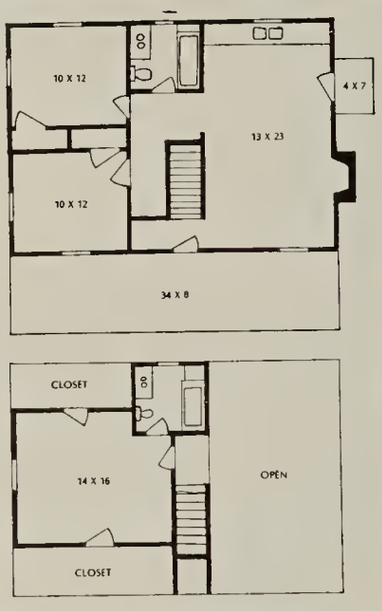

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VIEWPOINT

No 'Proud Noises,' Please

As this is written, the North Carolina General Assembly seems poised to appropriate funds for a 15 percent raise in teachers' salaries. That would be a commendable step for the legislators to take, but its impact shouldn't be exaggerated.

As generous as that percentage may appear on the surface, it'll translate into no more than a bit of economic catch-up for teachers across the state. And it'll bring little change in the state's national ranking on teacher salaries, which has dropped from 28th to 44th in the past eight years.

To put that ranking into perspective, listen to the voice of Susan Reiber Clark, a Wake County teacher who described her financial struggles for *The Raleigh Times* recently.

She calls herself a "professional educator who is a head of household," which is "an ever-growing category in the profession."

As her younger daughter entered college last year, she discovered that after 19 years of teaching, "we exist in a recognized state of financial insolvency whereby we are eligible for college, state and federal financial aid for school fees."

That assessment, by the College Scholarship Service of Princeton, N.J., was based on her annual salary as a teacher plus additional income from teaching a six-week summer school session and working as a retail clerk at least three nights a week and on Saturday and Sunday.

Despite her experience, advanced degree work, college level consultant work and teaching an innovative course of study, she has a *net* income from education of $12,000 a year, at the top of the salary schedule.

She pointed out that she earned a net annual income of $4,500 during her first year of teaching in 1965. Her rent at that time was $125 per month or 25 percent of her monthly income. Her rent for the same apartment is now $310 per month or 33 percent of her monthly income.

"Rather than economic progress, regression is the rule. As all other fixed expenses have increased by the same percentages, this leaves my financial status and purchasing power 8 percent behind 1965—19 years ago!"

Saying she is moved to "tears of exasperation and frustration" when the public and the legislature make "proud noises" about salary hikes of around 10 percent, she asks:

"After a highly successful 20-year career with IBM, would you feel rewarded to be found eligible for food stamps? Would you feel amply rewarded when you worked behind a cash register 24 additional hours a week, earning minimum wage, simply to provide the necessities of existence?. . .

"I deserve and work for a salary commensurate with my career status and achievement—one where I would not have recourse to and dependency upon federal financial aid or a part-time job to provide for my family."

That final appeal would undoubtedly be echoed by other Susan Clarks in school systems throughout North Carolina—teachers so dedicated to their profession that they're willing to tolerate too-large classes, too much paperwork, often inadequate supplies and equipment, poor parent support as well as low pay.

Their stories are a dramatic testament to the need for a serious, long-term commitment to improving Tar Heel public education.

A catch-up raise in teachers' salaries can be no more than down payment on that kind of commitment.

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Carolina Country®

(ISSN 0008-6746)
Read Monthly in More Than 300,000 Homes
Vol. 16 No. 7, July 1984

Official Publication
North Carolina Association of Electric Cooperatives, Inc.
James M. Hubbard/Executive Vice-President
Owen Bishop/Editor

Kemp Ward, Contributing Editor
Milly Alford, Editorial Asst.

Carolina Country (formerly *Carolina Farmer*) is published by North Carolina Association of Electric Cooperatives, Inc. Second class postage paid Raleigh, North Carolina, and additional mailing office, Editorial Offices, P.O. Box 27306, Raleigh, N.C. 27611. *Carolina Country* is a registered trademark of North Carolina Association of Electric Cooperatives. Postmaster send form 3579 to P.O. Box 27306, Raleigh, N.C. 27611. EMC group subscription $1.88 a year, individual $2.00. Address all mail to *Carolina Country*, P.O. Box 27306, Raleigh, N.C. 27611.

Festival To Feature 300 European Performers

The mountains of Western North Carolina will ring with the sound of music and flash with the bright colors of native costumes when the new world meets the old world in Haywood County this summer.

Folkmoot USA, an international folk festival set for Aug. 1-14, will bring to North Carolina a gathering of performing groups from at least eight foreign countries who will share their traditions with audiences as far west as Murphy and as far east as Winston-Salem.

The performers, most of them amateurs, will come from Germany, Holland, Spain, England, Ireland, Turkey, Mexico, and India.

FOLKMOOT USA

"Home base" for the about 300 performers will be the Stompin' Ground in Maggie Valley. They will travel by bus to more than 40 performances, sometimes accompanied by local dancers and musicians, drawn from twenty carefully-selected groups.

The festival is the dream of Clinton Border, Waynesville surgeon, who has been going to similar festivals in Europe for the past 12 years, sometimes taking with him local dance teams and musicians as participants.

"I hope this festival will point up to us in our area the richness of our own culture and our similarities to other cultures," said Border, who is festival director.

The concept of an International Folk Festival, popular in Europe for many years, is to promote an interchange of cultural arts among different countries.

Groups who will be performing during the two-week Folkmoot are Monkseaton Morrismen and Folk Dance Club of England, Hupsakee of Holland, Clann Na Gael of Ireland, Feldwies Dance Group of Bavaria in West Germany, Giozaldi Folk Group of the Basque Province in Spain, Bursa Sword and Shield Group of Turkey, Folkloric Ballet of the University of Colima, Mexico and Sheerer Punjab, a group of first-generation Indians living in Nottingham, England.

The Monkseaton Morrismen present traditional dance and music from England and Wales, particularly the dance of Northumbra. They play the pipes, fiddle, whistle, accordian, concertina and ring handbells.

The Sheerer Punjab perform the "bhangra," one of the most popular and active of the community dances in the Punjab region of India. The twelve-member team, dressed in traditional costumes, perform their harvest ritual dances to the beat of a dhool, a large drum.

The spirit of Holland's fishing villages and farming communities is captured by Hupsakee, a group of men and women who perform traditional and original dances to old Dutch tunes. They wear colorful Dutch costumes.

Clann Na Gael, an all-female step-dance team from Ireland, performs intricate dances. Their solos and precisely choreographed team performances are accompanied by traditional folk music.

North Carolina International Folk Festival Inc., a non-profit corporation, was established to operate the folk festival, which is expected to be an annual, self-supporting event. Funding for this year's festival came from North Carolina's 1983 General Assembly and the Haywood County Board of Commissioners, along with contributions from municipalities, corporations, and individuals.

Admission fees will be used to finance next year's festival. Some performances will be free.

In addition to fostering a cultural exchange in folk dance and music, the festival will have an educational value as Americans and Europeans get to know each other, Border said. The intermingling of people will provide an opportunity to promote international good will and understanding.

"Not only should this project expose the people of Western North Carolina to cultural dancing and music from foreign lands, it will also encourage local artists to further our own culture in music and dance," he added.

For more information and program schedules, write to the N.C. International Folk Festival, P.O. Box 523, Waynesville, N.C. 28786. Or telephone (704) 452-2997.

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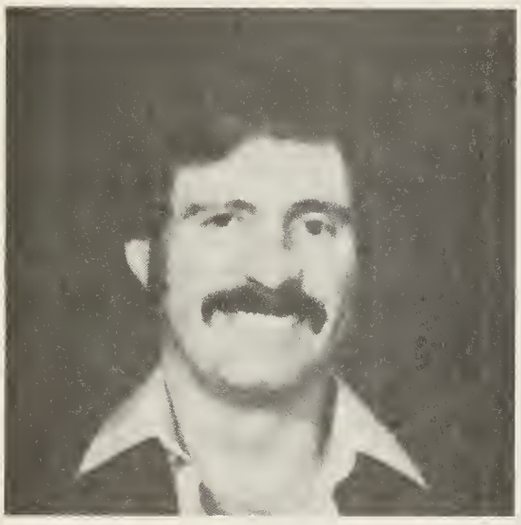

Joe D. Dwyer
Reeds Spring, Missouri

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Vera Lene Tickle
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Ten Directors Elected At Three Cooperatives

Nine incumbents and one newcomer were elected to the boards of three North Carolina Electric Membership Corporations during recent annual meetings:

- **Halifax EMC**, Enfield—Re-elected were Raymond Sykes of Rt. 2, Whitakers; Robert T. Harris of Rt. 3, Littleton; A. C. Willcox Jr. of Rt. 3, Enfield and Richard H. Greene of Warrenton.
- **Blue Ridge EMC**, Lenoir—A newcomer elected to the board was Martha M. Doughton of Sparta. Re-elected were James E. McNeil of Rt. 1, Ferguson, G. C. Norris of Rt. 2, Boone and Thomas Cockerham of Jefferson.
- **Edgecombe-Martin County EMC**, Tarboro—Re-elected were Noel Lee Jr. of Rt. 3, Washington and Floyd Harrell of Rt. 4, Tarboro.

Book To Profile The Tar Heel 4-H Program

A documentary and pictorial account of 4-H and its forerunners in North Carolina will be published by N.C. State University as part of a series of institutional histories.

The 200-page hardcover book traces the development of the 4-H program from its beginnings in 1909 when rural boys formed the first Corn Club.

"It is a grand success story," said Chester D. Black, former state 4-H Leader who is now director of the Agricultural Extension Service at NCSU.

"No previous study of 4-H has had the details developed with such patience and clarity. I especially value the record of leadership development, with the many volunteers and donors joining hands with extension personnel and our youth."

The book, which will include more than 100 illustrations, was written by James W. Clark Jr., who is a member of the English faculty at NCSU.

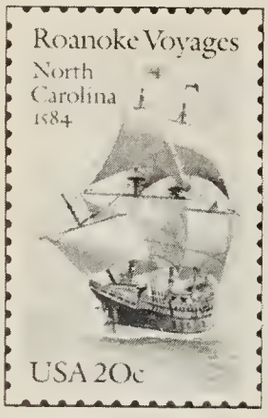
The book, titled *Clover All Over: North Carolina 4-H In Action*, will be priced at $9 after Aug. 1, but is being offered at a pre-publication price of $7.

Orders should be directed to the Office of 4-H and Youth Development, Box 7606, NCSU, Raleigh, N.C. 27695-7606. Make checks payable to the N.C. 4-H Club Account.

400th Anniversary Stamp To Be Issued In Manteo

A 20-cent commemorative stamp honoring the 400th anniversary of the Roanoke Voyages will be issued July 13 in Manteo.

The design for the stamp was done by noted maritime artist Charles Lundgren of New Milford, Conn., under the direction of Jack Williams, U.S. Postal Service program manager for philatelic design.



Lundgren based the design on a description of a representative vessel, the *Elizabeth*, in an account of one of the voyages.

In March, 1584, Queen Elizabeth I granted Walter Raleigh permission to establish an English colony in the New World. An expedition led by Philip Amadas and Arthur Barlow landed on the North Carolina coast on July 13, 1584.

The stamp is part of the Postal Service's Explorers' Series.

Collectors who're interested in first day cancellations can obtain them in either of two ways.

- Customer-affixed stamps: Customers can buy the stamps and affix them to their own envelopes. All envelopes must be addressed on the right side at least 5/8 of an inch up from the bottom. Peelable return address labels are recommended for this purpose.

Stamps must be affixed in the upper right corner about a quarter inch from the top and from the right edge. A filler of postal card thickness should be inserted in each cover. Requests should be postmarked no later than Aug. 12. Address them to: Customer-Affixed Envelopes, Roanoke Voyages Stamp, Postmaster, Maneto, N.C. 27954-9991. No remittance is required.

- Postal Service-affixed stamps: The cost is 20 cents for each stamp to be affixed. Personal checks will be accepted for orders up to the limit of 50 covers. Do not send cash or postage stamps as payment. Orders should be postmarked no later than Aug. 12. Address them to: Roanoke Voyages Stamp, Postmaster, Manteo, N.C. 27954-9992.

Public TV Expands Volunteer Program

The UNC Center for Public Television has announced plans for an expanded volunteer program, offering volunteer experiences in many of the varied departments of public television, according to Camille Patterson, volunteer services director.

Volunteers will have an opportunity to work in graphics, production, educational projects, special events, member services and programming.

"Plans are under way to establish a statewide network of people who are interested in assisting the center in providing quality programming to the citizens of North Carolina," said Patterson. "These people may

volunteer on a permanent or temporary basis at the Center's headquarters in Chapel Hill, studios in Raleigh and Chapel Hill, or in cities throughout the state for regional projects. We want to involve the 'public' more in public television, first as viewers, but also in community outreach and service activities."

For more information concerning the program, call or write Camille Patterson, Volunteer Services Director, UNC Center for Public Television, 910 Raleigh Road, Chapel Hill, North Carolina 27514, telephone 919/962-8191.

Fair Slated For July 27-Aug. 5

The 1984 High Country Mountain Fair, scheduled for July 27-Aug. 5 on Highway 105 Extension near Boone, will feature nationally known country music artists, a crafts show, a quilt show, a children's barnyard zoo, folk life demonstrations and various other attractions.

The performers appearing during the 10-day fair will include The Whites, Leon Everette, Earl Thomas Conley, The Osborne Brothers, Con Hunley, Nantucket and Dave & Sugar.

The fair will be open from 10 a.m. to 10 p.m. daily, with the carnival hours running from 3 to 11 p.m. Tuesday through Friday and 1 to 11 p.m. on Saturday and Sunday.

Tickets are $3.50 for adults and $2 for children ages 6-12. On Family Day, July 30, children 12 and under will be admitted without charge. On Senior Citizens Day, July 31, adults 65 and over will be admitted without charge.

For more information about the fair, write or call High County Productions, Inc., 226 Highway 105 Ext., Boone, N.C. 28697. Or phone: (704) 264-5431.

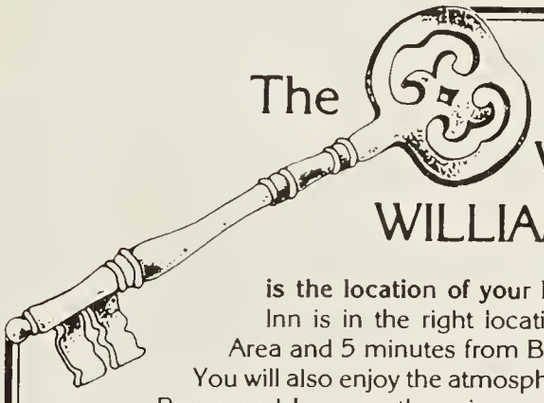
Continued on page 8

Cover: Gladiola By Hiram Hilliard

Hiram Hilliard of Durham snapped this shot of a colorful gladiola in his own yard about two years ago.

Home Folks

Marvin Pittman, an elementary school principal in Wake County and **William L. Roper**, a high school principal in Camden County, have been honored with the Excellence in Educational Administration Award from the North Carolina Association of School Administrators . . . . . **Eleventh District Rep. James McClure Clarke** has been presented with the 1984 Consumer Advocate of the Year Award from the North Carolina Consumer Council . . . . . **Bishop William R. Cannon of Raleigh**, president of the World Methodist Council, has been named the recipient of the 1984 North Carolina Public Service Award . . . . . **Elbert Ray Pitt** of Rt. 1, Pinetops, a farmer, has been named to the Board of Directors of Edgecombe-Martin County Electric Membership Corporation, Tarboro.



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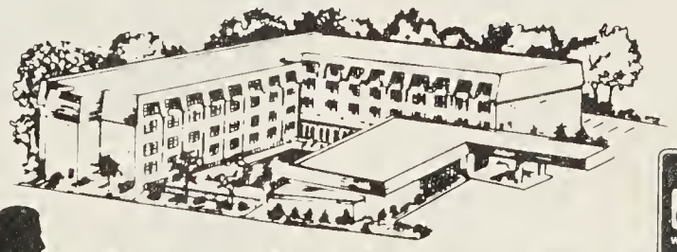

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Outdoor Drama Has Revised Production

Horn In The West, the Kermit Hunter outdoor drama that's been presented at Boone since its debut in 1952, is featuring a revised production this year, according to officials of the attraction.

The show focuses on the saga of the American Revolution as it was fought and won in the Southern Appalachians.

"It's the story of the longing in men's souls that leads them to search for freedom, their struggle to preserve that freedom once they've found it—all with a little romance, flash and firedance thrown in," said Deidra Smith.

Performances are scheduled at 8:30 p.m. nightly except Monday through Aug. 18. General admission tickets are $6 and reserved seat tickets are $7. Children 13 and under are admitted for half price.

For more information, write to Horn in the West, P.O. Box 295, Boone, N.C. 28607. Or telephone: (704) 264-2120.

Energy-Efficient Appliances Profiled In New Booklet

The American Council for an Energy-Efficient Economy is offering a booklet which lists the most energy efficient household appliances.

For a copy of *The Most Energy-Efficient Appliances* send $2 to the council, 1001 Connecticut Ave., N.W., Washington, D.C. 20036.

Poster Features Portrait Of Queen Elizabeth I

The Historical Publications Section of the N.C. Department of Cultural Resources has published a 1584 portrait of Queen Elizabeth I as part of the observance of the 400th anniversary of English settlement of what is now North Carolina.

The 15¾-by-21½-inch, four-color poster is available for $3 a copy, plus $1 for postage and handling, from the Historical Publications Section, 109 E. Jones St., Raleigh, N.C. 27611.

Junior High Students Win Public Speaking Awards

Junior high school students from New Hanover, Wilson and Catawba Counties have won top honors in a statewide public speaking competition for 7th and 8th graders sponsored by the N.C. Association of Soil and Water Conservation Districts.

A total of 12 students competed in the contest finals, each representing a local soil and water conservation district.

The competition's topic was "What My Soil and Water Conservation District Does for Me" in conjunction with the year-long observance of "Soil and Water '84", a program to promote awareness of the need for conservation of natural resources in North Carolina.

First and second place winners were awarded $100 and $50 savings bonds, respectively, from the association. Each was also awarded N.C. State Fair passes, ride, and grandstand tickets in a special presentation by the N.C. Department of Agriculture. All contestants received a special plaque and a letter of commendation from Gov. James B. Hunt Jr.

The winners were:

Eighth Grade—Laurel Falls, New Hanover County, first; Sean Smith, Wilson County, second.

Seventh Grade—Scott Pridgen, Wilson County, first; Stephanie Deal, Catawba County, second.

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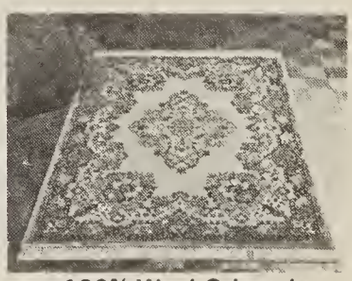
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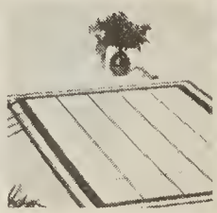
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Joe High, a load management technician with North Carolina Electric Membership Corporation, the generating and transmission cooperative serving EMCs across the state, tests load control switches at the statewide organization's headquarters in Raleigh. The switches are tested before being shipped to the various EMCs for installation at the homes of co-op consumer-members. About 15,000 of the switches have been distributed to the EMCs, according to N.C. EMC officials.

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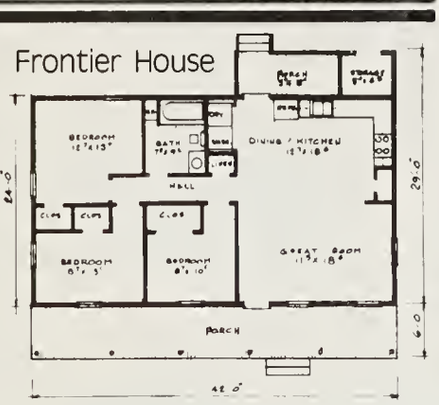

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Donations Exceed Tornado Relief Costs

The outpouring of help and money from people across North Carolina to aid victims of this spring's monster tornadoes has been much greater than anyone expected—including American Red Cross officials.

Already enough money has been donated in North Carolina alone to cover the disaster relief expenses in both North and South Carolina, with a lot left over. And donations are still coming in.

"This is an unusual circumstance," explained an astonished W. C. (Pete) Montague, assistant manager of the Triangle Area Chapter of the American Red Cross. "Very rarely does this happen. It's really fantastic."

Disaster Relief Operation #492, as the Red Cross dubbed the tornado clean-up, has cost a little more than a million dollars so far and the total is expected to reach nearly $1.5 million by the time things are back to "normal," Montague said.

Already folks in the Tar Heel state have donated more than $1.8 million—including a donation of $59,500 from 14 of the state's Electric Membership Corporations.

The total raised in South Carolina is about $500,000.

That means the Red Cross, which expected to have to lean heavily on help from its national organization to finance the massive relief operations in the two states, has already received about a million dollars more than they're going to need.

Montague said he can't explain the disparity in giving between the two states.

"It certainly says a lot about the people in North Carolina." he said.

In addition to the monetary gift, several cooperatives hit by the tornadoes are helping their members in other ways. Also, many co-op employees have made their own contributions to the relief effort.

EMCs donating to the Red Cross relief effort were: Blue Ridge, Lenoir; Brunswick, Shallotte; Carteret-Craven, Morehead City; Crescent, Statesville; Davidson EMC, Lexington; Four County, Burgaw; Halifax, Enfield; Jones-Onslow, Jacksonville; Roanoke, Rich Square; Rutherford, Forest City; Surry-Yadkin, Dobson; Tideland, Pantego; Union, Monroe and Wake, Wake Forest.

In addition, Edgecombe-Martin County EMC, Tarboro, made a donation to the relief effort of the Salvation Army.

Montague said the excess contributions, though not needed by this spring's tornado victims, will be kept on hand to help with future disasters of all types in the state. Donations that are still coming in will be added to this fund unless the donors have a specific request, which will be honored, he added.

Officials of 11 North Carolina Electric Membership Corporations which donated to the American Red Cross tornado disaster relief effort join W. C. (Pete) Montague of the Red Cross after hearing a presentaion on the relief operation. Left to right are: Montague, assistant manager of the Triangle Area Chapter of the American Red Cross; Eugene Brown, manager of Roanoke EMC, Rich Square; Donald Rice, manager of Crescent EMC, Statesville; Michael Finney, manager of Halifax EMC; Eugene Clayborne, manager of Carteret-Craven EMC, Morehead City; Glenn Carowan, manager of Tideland EMC, Pantego; R. W. Blanchard of Rt. 1, Turkey, president of the board of Four County EMC, Burgaw; Philip Wally, manager of Union EMC, Monroe; Wayne Keller, manager of Blue Ridge EMC, Lenoir; Frank Queen, director of Rutherford EMC, Forest City; Jim Mangum, manager of Wake EMC, Wake Forest and John Ferrell of Rt. 4, Durham, president of the board of Wake EMC. Also contributing to the relief effort were Surry-Yadkin EMC, Dobson; Jones-Onslow EMC, Jacksonville; Brunswick EMC, Shallotte; Davidson EMC, Lexington and Edgecombe-Martin County EMC, Tarboro.

In all, the Red Cross has handled more than 1,600 cases arising from the tornadoes, providing food, clothing, shelter, medical needs, minor home repairs, household furnishings and all types of supplies.

More than 1,100 of the homeless were housed in 14 temporary shelters opened immediately following the disaster and food was made available to nearly 11,000 persons—both volunteers and victims.

Thousands of volunteers poured in from all over this end of the country. They represented 24 states in all, but the great mass of volunteers—estimated at about 1,300—came from the affected area. The Red Cross also brought in 130 career disaster specialists who put their expert knowledge and training to work quickly. Another 1,520 Red Cross staffers from all over the two states were also on hand, helping the relief operations proceed with few hitches.

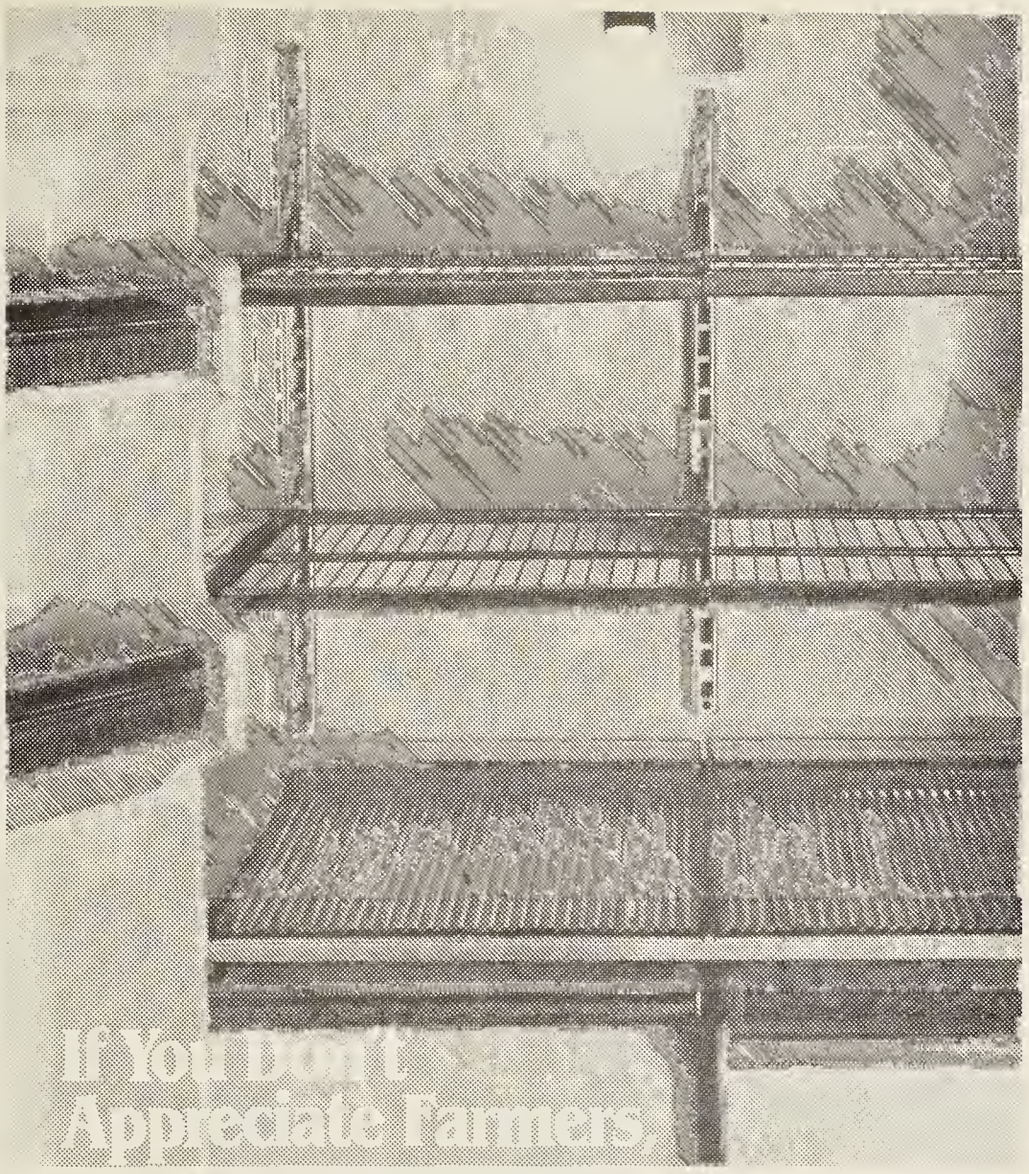
Montague praised the work of the disaster experts and the trained staff for bringing calm to a potentially volatile situation. Their know-how was invaluable, he said, and the operation couldn't have been pulled off without it.

In addition to its other work, the Red Cross opened 18 service center satellites throughout the damaged area, 12 disaster assistance centers, two food preparation sites, four service centers, a job headquarters and brought in 28 mass care vans.

Red Cross statistics show that 2,784 families in the two states were disrupted to some degree by the killer storms. A total of 559 houses and 364 mobile homes were completely destroyed and another 446 houses and 124 mobile homes suffered major damage. The records say 915 houses and 169 mobile homes suffered minor damage.

States providing volunteer help in the aftermath of the tornadoes were: Virginia, Tennessee, Arkansas, Florida, New York, Kentucky, Kansas, Maryland, Iowa, Indiana, Alabama, Georgia, Ohio, Massachusetts, Texas, West Virginia, Missouri, Pennsylvania, Mississippi, Washington D.C. and Michigan.

—Kemp Ward



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EMC ANNUAL MEETINGS CALENDAR...

Date	Electric Membership Corporation	Time	Location
July 20	Randolph, Asheboro	Registration: 6:30 p.m. Business Meeting: 8:00 p.m.	Lee Stone Stadium, Asheboro
Aug. 17	Pee Dee, Wadesboro	Registration: 7:30 p.m. Business Meeting: 8:00 p.m.	Richmond Senior High School, Rockingham
25	Haywood, Waynesville	Registration: 9:00 a.m. Business Meeting: 10:30 a.m.	Tuscola High School, Waynesville
25	Roanoke, Rich Square	Registration: 10:00 a.m. Business Meeting: 1:00 p.m.	Headquarters, Rich Square

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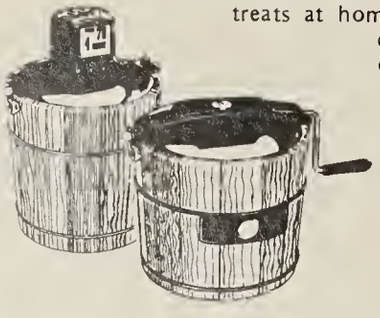

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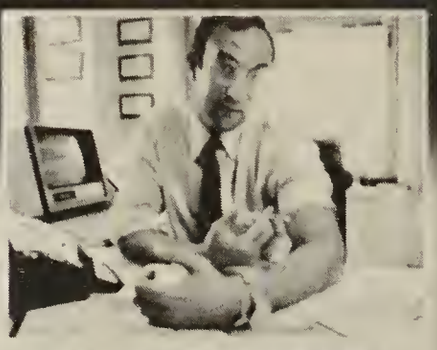

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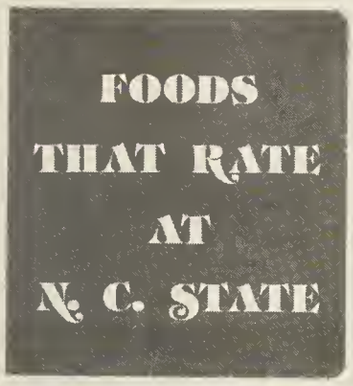
Cookbook Project Supports Scholarship



Foods That Rate at N.C. State, a new cookbook containing more than 600 recipes, is now being offered by the North Carolina State University Woman's Club.

The 264-page book is the third recipe collection to be published by the club. Earlier editions were published in 1954 and 1974.

Club officials say those editions were so popular that many recipes from them have been included in the new book.

The book, featuring a sturdy Wolfpack-red looseleaf binder, includes microwave recipes and menus, gourmet dinners, meatless meals, tailgating menus and many super-quick dishes.

Proceeds from the book's sale go the club's Endowment Scholarship Fund, which provides aid to women 25 years of age or older who are working on a degree at NCSU.

Copies may be ordered for $12, including postage and handling, from Mrs. Marvin Senger, 6425 Penny Road, Raleigh, N. C. 27606.

The sample recipes reprinted here include Casserole-Barbecued Chicken, which was submitted by Betty Poulton, wife of NCSU Chancellor Bruce Poulton.

Casserole-Barbecued Chicken

3 to 3½ pound roasting chicken, cut up
2 teaspoons salt
1 tablespoon brown sugar
½ cup chopped celery
1 cup catsup
½ cup flour
¼ cup salad oil
1 medium onion, sliced
1 10-ounce package frozen corn, thawed
1 cup water
2 tablespoons Worchestershire sauce
⅛ teaspoon pepper
¼ cup minced green pepper

Early in the day:

Dip chicken pieces into flour mixed with salt. Saute in hot oil until golden on all sides. Remove to 2½ quart casserole. Pour all but 1 tablespoon oil from skillet; saute onion until golden and tender. Stir in remaining ingredients except corn; pour over chicken. Refrigerate.

About 2 hours before serving:

Preheat oven to 350 degrees. Bake covered, 1 hour and 20 minutes. Add corn and bake 25 minutes longer or until chicken is tender. Serves 6.

recipe by Betty Poulton (Mrs. Bruce)

Poppy Seed Muffins

1½ cups biscuit mix
1 teaspoon vanilla
1 egg beaten
¾ cup sour cream
1 tablespoon poppy seeds
½ cup sugar
¾ cup raisins, chopped, (optional)

Have egg at room temperature. Combine biscuit mix, sugar, and poppy seeds; make well in center. Add the remaining ingredients; stir until moistened. Bake at 400 degrees for 20 minutes. Yields 2-3 dozen.

recipe by Joan Baumer (Mrs. David)

Caramel-Chocolate Squares

50 (14-ounce package) light caramels
1 cup semi-sweet chocolate chips
3/4 cup margarine
1 cup nuts, chopped
1 17-ounce package German chocolate cake mix, (dry)
2/3 cup evaporated milk, divided

Melt caramels with 1/3 cup evaporated milk in top of double boiler; set aside. Grease and flour a 9 x 13-inch pan. In large bowl combine dry cake mix, margarine, nuts and 1/3 cup evaporated milk. Stir by hand until dough holds together. Spread 1/2 of the dough in prepared pan. Bake at 350 degrees for six minutes. Remove from oven and sprinkle with chocolate chips. Spread caramel mixture over chocolate chips. Spread remaining dough over chocolate and caramel layer. Return to oven for 15-18 minutes. Cool slightly; refrigerate for 30 minutes. Cut into bars. Yields 28-36.

Note: Stores best in refrigerator, although is nice and soft if left in airtight container on counter.

recipe by Lisa Mowat (Mrs. Richard)

Variation I: After preparing caramel mixture, heat 1/2 cup of evaporated milk and butter or margarine in separate saucepan. Add to cake mixture. Proceed as above with layers. Bake first layer 8 minutes.

variation by Ethel Boone (Mrs. Edgar J.)

Variation II: Use swiss chocolate cake mix instead of German chocolate. Do not add nuts to batter. Spread caramel mixture over baked layer; then sprinkle with chocolate chips. Stir 1/2 cup nuts into remaining batter. Drop by spoonfuls over chocolate pieces. Sprinkle with remaining nuts.

variation by Sue Scattergood (Mrs. Ron)

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If your home has the storage blues, today's project is the best tonic you could ask for. The handsome little red barn shown here has dozens of uses in addition to being a storage shed.

Do your youngsters need a playhouse? They'll love this barn. It's suitable for a workshop, gardener's potting shed, a garage for motorcycles or garden tractors. It's uses are limited only by your imagination.

The dimensions of the barn pictured are 6' x 8' x 8'. Of course, the plan can be altered for something larger. The plan features easy-to-follow step-by-step directions, photos showing the various stages of construction, and a materials list.

To obtain the LITTLE RED BARN, Pattern #461, send $3.95, including first class postage and handling. You may also enjoy our Greenthumb Grab Bag #C43, for $11.50, which INCLUDES the Little Red Barn #461 as well as eight other outdoor projects. That price also includes first class postage and handling.

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This 52-page guidebook contains detailed directions, complete materials lists and color photos for 22 fabric antique sign reproductions. Traceable patterns are included for the various motifs, such as a chicken, rabbit, coffee mill and more.

The general instructions provide information on basic sewing, applique techniques, bias binding and tied bows. There is even a section called "Signs Without Sewing", in case you prefer to cut and glue rather than sew.

To obtain SIGNS OF OUR TIMES, #B73, send $7.50, including first class postage and handling.

If you enjoy a variety of handicrafts, you might like our HANDICRAFT GRAB BAG, #C18 (six different gudebooks), $9.50.

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COUNTRY KITCHEN

Want To Share Your Recipes?

If you would like to share a recipe with this column, send it to: CAROLINA COUNTRY, P.O. Box 27306, Raleigh, NC 27611.

We pay $5 for published recipes and present each monthly winner a set of 50 recipe cards with the winning recipe printed on them.

Turkey Toss

This month's recipe was a runner-up in the 1983 North Carolina Turkey Cooking Contest sponsored by the N.C. Poultry Federation. It was entered in the competition by Mrs. Blanche Poole of Rt. 2, Sparta, who is a consumer-member of Blue Ridge Electric Membership Corporation, Lenoir.

- 2 cups cooked turkey, diced
- 1 16 oz. can (2 cups) bean sprouts, drained
- 1 cup cooked rice
- 1 cup celery, chopped
- 1 cup carrots, coarsely shredded
- 2 tablespoons green pepper, chopped
- 1/4 cup French salad dressing
- 2 tablespoons soy sauce
- ¼ teaspoon salt
- Dash of pepper
- ½ cup mayonnaise or salad dressing
- ½ cup slivered almonds, toasted

In large bowl, combine turkey, bean sprouts, cooked rice, celery, carrots, green pepper, French dressing, soy sauce, salt and a dash of pepper; mix well and chill. Just before serving, add mayonnaise and almonds; toss together lightly. Serve in lettuce cups; sprinkle each serving with additional toasted almonds, if desired. Makes six servings.

FACING SOUTH

Discovery Place: Fostering The Joy of Learning

In a classroom called "The Hearth," John Paschal generates more than physical sparks with his "Discover Chemistry" show.

"It's great to see some faces light up, to see some wonder, some 'Ah, ha!" going on," he says. "If I can provide that spark and get a few kids to choose science for their careers, that's my reward."

Paschal and several other teachers are on loan from the Charlotte/Mecklenburg Schools to one of the nation's newest science and technology museums, Discovery Place.

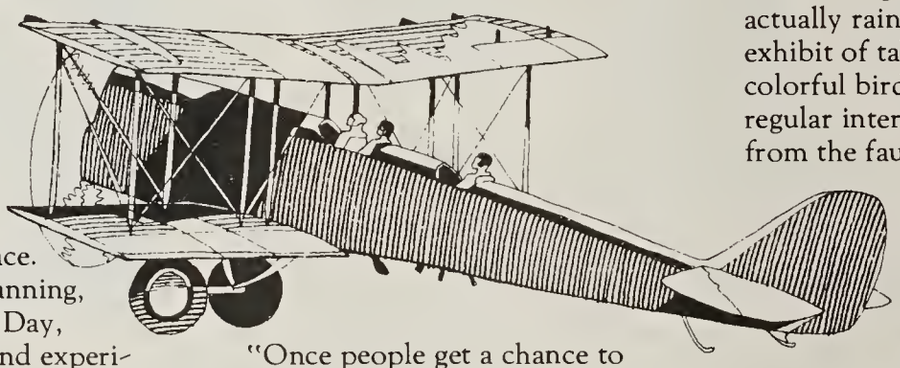
Fifteen years in the planning, it opened on Halloween Day, 1981, to offer exhibits and experiments that delight and challenge all ages. In just two years the museum's hands-on approach has attracted over half a million visitors, one-third of them school age children.

The museum's community service role is enhanced by the participation of the local school system which holds special health education classes in the Life Center for fifth, eighth, and tenth grades. Schools from several surrounding counties also use Discovery Place for part of their instruction.

"So often in the schools" continues Paschal, "we're tied to a syllabus and a tight schedule. So we miss a lot of the joy that comes in the moment when the light of learning goes on in the student's mind."

Students really get a chance to see the light in the Science Circus, where a variety of exhibits and experiments demonstrate the basic principles of light, sound, motion, and color. One favorite is "Standing Shadows." You stand in front of a phosphorescent screen while a light flashes and when you move away, your shadow is still present on the screen.

One of the most popular exhibits is the "Ocean Pool," which is stocked with starfish, sea urchins, hermit crabs, sea snails, and a variety of fish native to the North Carolina coast. Visitors are invited to touch.



"Once people get a chance to touch some of these animals," explains Kate Tierney, who helped design and construct the open pool, "they understand they're really alive, not just some objects that have washed up onto the beach."

The Collections area adheres more to the traditional stock-on-the-shelf approach, but there's a difference. Specialists like Cindy Acker, responsible for preserving, cataloguing, and storing a vast array of specimens, are themselves part of the display. Visitors can watch as they prepare everything from octupus to butterflies for preservation.

Next door is the Trading Post where visitors can bring their own collectibles for identification and possible trade.

"We don't just tell people what they have," Acker says, "we help them to discover for themselves. It's more meaningful that way."

There are more discoveries to be made in the Life Center. You can hear TAM, a transparent anatomical model, explain human anatomy. Learn the history of electricity in a mock-up of Michael Faraday's laboratory; challenge your knowledge of today's energy sources in the "Energy in the Piedmont" exhibit and treat yourself to a vision of nature's store of energy with a multimedia show in the Energy Dome.

The Knight Rain Forest, where it actually rains, is a three-story exhibit of tall trees, plants, rocks, colorful birds and small animals. At regular intervals a ranger emerges from the fauna to explain this intricate environment and share some of its mysteries.

A 27-minute movie on the history of flight will echo your dreams of transcending physical limitations to fly.

"As we walk upon the ground," the narrator informs us, "we are at flight within the universe."

Discovery Place reminds us that even as our bodies appear fixed in space our minds are free to wander in a kind of free flight delivering us to new discoveries that would otherwise remain secret.

The museum is hosting a special exhibit sponsored by the Museum of Science and Industry of Chicago now through Sept. 2. Inspired by George Orwell's novel *1984*, the exhibit "1984 and the 21st Century" explores where we have been, where we are now and where we may be headed.

At Discovery Place, open from 9-6 Monday through Thursday and Saturday, 9-9 on Friday and 1-6 on Sunday, you're sure to learn something exciting.

Stephen McCollum
Albemarle

WASHINGTON SCENE

Co-op Financing Measure Faces Stiff Tests Amid Administration Opposition

The current administration in Washington has escalated its long-standing opposition to the rural electrification program in recent months, focusing it on proposed legislation to shore up the program's financing mechanism.

No previous administration has ever openly sought to cripple the program, much less end it. But that's what key people in the administration have been advocating to members of Congress.

David Stockman, the budget chief, said several months ago that the time had come to "phase out" the Rural Electrification Administration, a New Deal program that has brought electric power to rural America.

Now, William Niskanen, a member of the president's Council of Economic Advisors, has called on Capitol Hill, saying REA is "wasteful and unnecessary."

Niskanen argued before a Senate subcommittee that farm family income is near the national average—and that this proves the rural areas should be shown no preference by the government in financing electric programs.

The legislation their spokesmen are opposing would stabilize the REA's Revolving Fund that supplies loans to the co-ops and keep it operating in an orderly manner. This passed the House by a three-to-one margin and seems headed for sure passage in the Senate if it can get to the floor for debate.

The Senate Agriculture Committee, chaired by North Carolina's Sen. Jesse Helms, held a lengthy mark-up session on the bill June 7 and, with Helms' guidance, cleared it to go to the floor.

Want To Speak Your Piece On Senate Bill?

Want to speak your piece in support of the rural electric Revolving Fund bill?

You can do so by writing to North Carolina's two senators, asking them to use their influence to get S. 1300 scheduled for consideration by the Senate.

Write to them at the following addresses:

- Sen. Jesse Helms, SD-402 Dirksen Office Building, Washington, D.C. 20510.
- Sen. John East, SH-716 Dirksen Office Building, Washington, D.C. 20510.

The proposal now faces an even tougher test with Senate Majority Leader Howard Baker (R.-Tenn.) who has indicated reluctance to schedule the bill for floor action in this campaign-shortened legislative year.

Helms agreed that the bill faces considerable opposition on the Senate floor, but he rejected attempts to further delay the bill in order to search for a compromise.

Helms said, "Sometimes you come to the pushing and shoving point and I think we are there."

Administration officials are hinting that the legislation could be vetoed if it gets through the Senate. But a final decision on that may depend on the Senate's vote tally. The House version was passed with enough support to overrride a veto.

The administration has demonstrated its opposition to REA since it arrived in Washington, repeatedly claiming that the program's time has come—and gone.

Various efforts have been aimed at cutting the program's growth and requiring its borrowers to pay higher interest rates.

Ironically, the Revolving Fund legislation would obligate the borrowers to pay higher interest rates as a means of keeping the fund in balance.

Given the administration's open commitment to cut government down to size and decrease the federal deficit, it might make sense to oppose REA if it were contributing to the deficit.

But it isn't. The program operates off-budget, simply borrowing money with the help of the government and always paying that money back.

Congressional support for the program comes from liberals, moderates and conservatives alike.

All North Carolina congressmen supported the current legislation in the House, and members of the New Right—such as Rep. Newt Gingrich, the Georgia congressman who recently took on Speaker Tip O'Neal over the way House sessions should be televised—have strongly supported REA.

With such solid support in Congress, many government observers and members of Congress are puzzled about the way administration officials are trooping to Capitol Hill to oppose one of the government's most successful programs.

GOD'S CREATURES

Hospital Offers Students "Hands On" Experience

Aided by handlers using two ropes, the 913-pound, Arabian stallion slowly stood up after undergoing eye surgery at North Carolina State University's Veterinary Teaching Hospital.

After this exacting operation, which required the 13-year-old horse to remain motionless, the stallion began his recovery in a specially designed room complete with four-inch padding to protect him from possible self-injury while shaking off the effects of anesthesia.

The surgery performed on the Arabian stallion is just one of the challenges N.C. State's Veterinary Teaching Hospital has met in the past months.

Since its opening in July, 1983, the weekly caseload of both large and small animals has gradually increased as more veterinarians refer special cases to the hospital and more animal owners learn of the modern facilities and staff specialists.

Ultimately the hospital will need to handle about 10,000 small animal and 3,000 large animal cases per year to meet teaching needs, according to Dr. William M. Adams, associate dean and director of veterinary medical services.

Fees for veterinary services at the hospital are comparable to those of a private veterinarian since the hospital itself is required to meet day-to-day costs of operation.

The caseload consists mainly of referrals from North Carolina's 700 practicing veterinarians, even though anyone may take an animal in for treatment.

"We rely heavily on referrals from veterinarians who feel their patients would benefit from the specialists on our faculty," said Terry Walker, hospital administrator.

The hospital offers services to patients in ophthalmology, dermatology, neurology, behavior, theriogenology (reproduction), immunology and even fish diseases. It has 15 large and small animal internists and surgeons.

The NCSU School of Veterinary Medicine's Teaching Hospital is prepared to offer the ultimate in animal care to pets and to livestock animals in the state, Adams said.

"In addition to our specialized staff, we have a lot of equipment a regular veterinarian couldn't afford to buy," Walker said.

The hospital is outfitted with state-of-the-art equipment which includes specialized X-ray machines, electrocardiographs, opthalmologic operating microscope and air-driven drills for bone surgery.

The 14 operating rooms are equipped with video hook-ups so procedures can be recorded for classroom instruction.

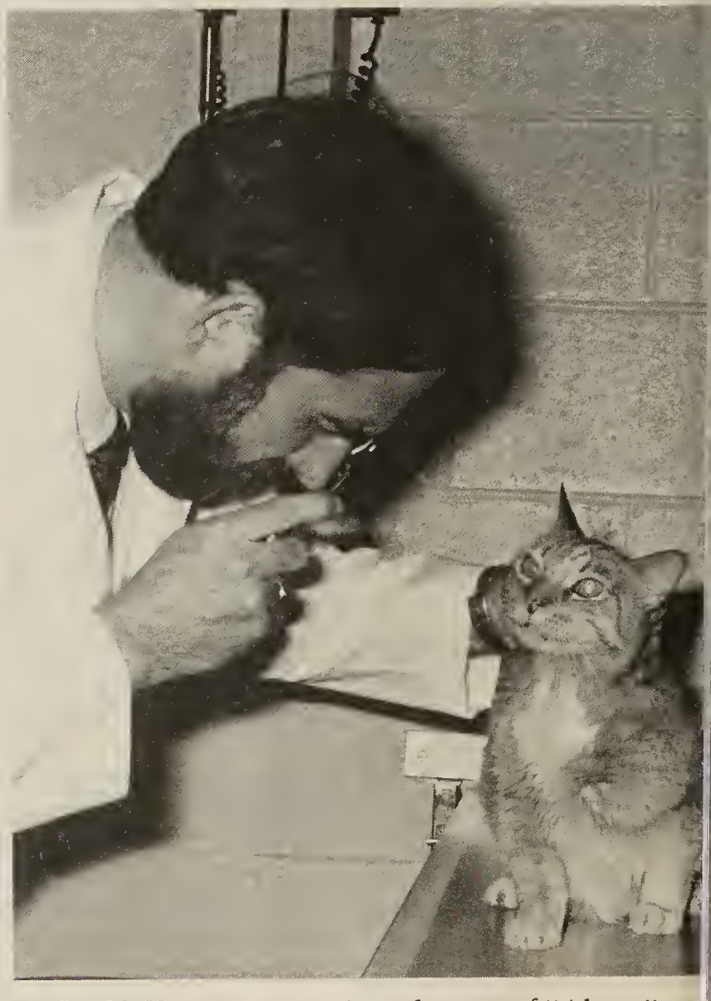
The facility has six diagnostic laboratories, a pharmac central supply and laundry service and is spacious enoug to provide overnight hospital accomodations for up t 168 small animals and 75 large animals.

The purpose of the hospital is to give fourth-ye students "hands-on" experience in diagnosing and treati disease. The first class began working in the new hospit this summer.

Students diagnose and administer routine medical ca under the supervision of the staff and assist facul veterinarians in performing major surgery.

"The new Vet Med Teaching Hospital is a valuab resource and an asset all North Carolinians should proud of," Adams said.

When fully staffed, the hospital will employ 150 peop including residents, interns and students.



Dr. Joe N. Kornegay examines the eyes of "Abner" at t N.C. State University Veterinary Teaching Hospital.

Vietnam Memorial Committee Seeks Funds, Volunteers

A Raleigh-based committee that's raising funds for a North Carolina memorial to honor Vietnam veterans is seeking a broader base of volunteer support across the state.

The committee is seeking volunteers in each of the state's 100 counties to coordinate fund-raising events.

"We have chairmen in the major metropolitan areas, but we're still looking for coordinators for most of the state," said Joseph F. Partin, treasurer of the N.C. Vietnam Memorial Committee.

Thus far, the committee has raised $50,000 of the $300,000 needed to place a memorial on a state-approved site at the northeast corner of Capitol Square. The funds include a $20,000 grant from the Z. Smith Reynolds Foundation in Winston-Salem.

The memorial will be a statue designed by Abbe Godwin of Greensboro, depicting two soldiers carrying a wounded comrade and scanning the sky for helicopters. The sculpture design has been approved by the N.C. Historical Commission.

For more information about the committee's work or to make donations, write to the N.C. Vietnam Veterans Memorial Committee, P.O. Box 31948, Raleigh, N.C. 27622.

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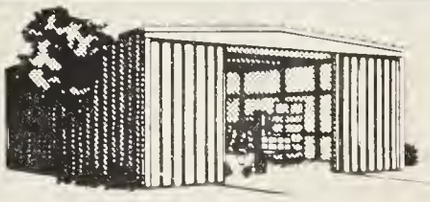

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HANK'S GARDENING GUIDE

If the first of July be rainy weather,
It will rain, more or less, for four
weeks together.
John Ray: 1670

July's heat calls for diligence in watering lawns and gardens, with special emphasis on plants in containers. Tasks performed in the spring are paying off in colorful flowers, edible vegetables and welcome shade.

Plants For Shady Areas

Some plants thrive in areas which receive little sunshine. You can add plant interest to a paved area that receives heavy shade, such as a recessed or shaded entryway. Container-grown plants will add an accent of welcome.

Good choices of shade-tolerant and shade-loving plants are: ferns, aucuba, liriope (Monkey grass), fatsia, impatiens, English ivy and dwarf yaupon. Rotate the plants every few weeks to keep up their vigor.

Repair Ground Covers

Perennial ground covers such as ajuga, periwinkle and ivy may be looking somewhat less attractive than they did earlier in the year. If so, now's the time to rework the bed and make needed repairs.

If the dead patches that have shown up do not appear to be spreading, the problem is most likely caused by soil compaction. To correct, remove dead plants and add peat moss or ground bark and a complete fertilizer. Spade the area, thoroughly mixing in the peat moss and fertilizer.

Dig up young, vigorous clumps of ground cover and plant in the prepared soil. Water deeply so plants can get off to a good start.

Locate Shade Trees

There is no better time than July or August for deciding just where you need to plant shade trees.

Take a look at the sunny side of your house and make a mental note of how much help a large tree will be in casting shade on the wall or roof. Drive a stake in the ground to mark the spot where you need to plant in the fall.

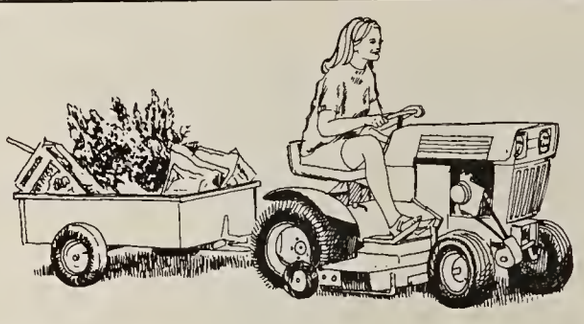
Usually, these trees should be deciduous specimens so the winter sun can penetrate to the building. In years to come, such a tree can help a bit in reducing cooling and heating bills.

Harvest Vegetables

By harvesting frequently, you can prolong the bearing season of your beans, peppers, cucumbers, eggplants, tomatoes, okra, squash, and other similar vegetables. If seed are allowed to ripen, production will be reduced or will cease altogether.

Fall Color

Chrysanthemums are considered to be the major source of autumn flower color in the landscape, supplemented with dahlias. In addition to these, annual cosmos and calendula will contribute to a colorful landscape.



Ease Mowing Chores

With just a little minor engineering, you can make the task of weekly lawn mowing easier and quicker. For instance, if stepping stones are in the way, lower stones so the mower moves over them when cutting grass. Or, remove the grass along the edges and between stepping stones. Fill the grassless areas with pebbles at a depth of three to five inches. Place sheets of flexible plastic beneath pebbles to deter weeds.

Mowing strips of brick or edging strips of heavy-gauge vertical metal or redwood will provide positive demarcation of the lawn area, reducing the time needed for edging or clipping.

Mower Safety

Precautions in mowing grass cannot be overemphasized.

Nearly every day during the mowing season, serious injuries occur. Some of these injuries result from (1) burns when engines catch fire while tanks are being filled with gasoline and the engines have been left running (2) objects such as wires or other pieces of metal, stones, etc. being picked up and thrown by mower blades and (3) cuts resulting when feet or hands accidentally touch a moving blade.

It's advisable to wear shoes that give sound protection and good footing. Stay away from steep slopes, especially if the grass is slippery.

These two perform much better in autumn's coolness rather than summer's heat. Plant the seed now. In a mild autumn, calendulas often bloom until Christmas.

To produce compact, well-branched mum plants, continue to prune garden mums by pinching out a small portion of the growing tip. This practice, done each time new growth is three to four inches long, should be discontinued after this month. Pinching later than seven weeks before the normal blooming date for the variety in your area will delay or even prevent flowering. It can cause flowering at the time of heavy freezes.

Cut back dahlias to about one-half their height after the first crop of blooms. The old plants will branch and produce a good crop of fall blooms.

Cuttings

If you need more shrubs for planting at the foundations of buildings or in shrubbery borders, take cuttings from favorite plants in July and August. Plants that are easy to propagate now include pittosporum, holly, azalea and camellia. Make five to six inch cuttings of tip growth, leaving two to four leaves on each cutting.

Treat the base of each cutting with a root-inducing hormone powder, available at garden supply stores. Place cuttings in moist sand, vermiculite, or a mixture of both. Keep the "soil" damp and the humidity as high as possible.

Shift Pots

Potted house plants that are spending the summer plunged into the soil of your garden or at the edge of the patio should be turned every three or four weeks. Grasp the rim of the clay pot with the fingers and turn it all the way around.

By turning the pot, you will break the roots that have grown through the drainage holes. If you do this, growth of the plant will not be checked when you move it back into the house.

Daily Inspection

Continue your daily inspection of the garden in order to keep ahead of diseases and insects. Yellowed leaves and dried blooms should be pinched off and burned. This will help to control many insects.

—*Hank Smith*

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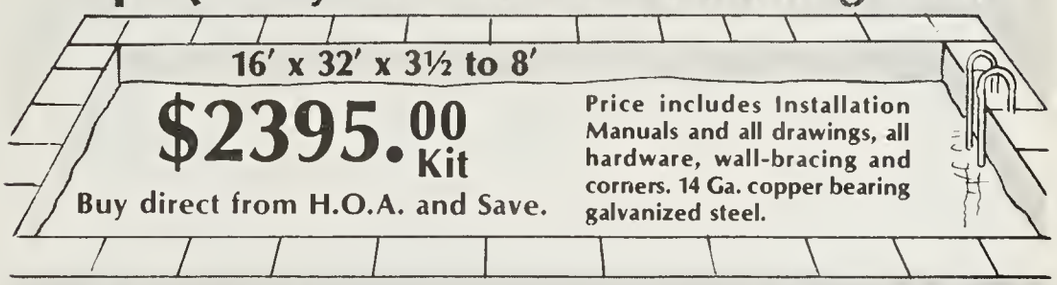

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Father's Day: A Dual Celebration

It was a fine Father's Day for our family this year, as we made it a dual celebration also marking the first birthday of our "Miss Ellen."

That Sunday was really the first chance we had to make a production of the birthday itself, which passed three days before—while "Big Sister" Melissa was spending the week with her grandparents in Asheboro.

Mom, Dad and the little one had partied a bit that day as a threesome, with a special dinner and homemade chocolate cake.

Since she was the guest of honor and she's demonstrated quite a fondness for chocolate (was it Dad's genes or his example?), Ellen was allowed to have her own way with the cake.

It was no contest: the cake lost, as did her highchair, the floor, the walls, Mom, Dad, etc. She had a wonderful time.

After suffering with a sensitive stomach for the first six months of her life, the little lady has now developed into an Olympic caliber eater.

But she's never been one to enjoy being fed; it's far too passive an activity for this little dynamo. Her style is to really get involved with her food, King Henry the Eigh h fashion.

These fingers may be small, but they work fine, she might say. Why bother using a silly old spoon? After all, the fingers are always with you when you need them. Should you get inspired to have a snack of potting soil from an indoor plant, you can just dig right in, as Ellen has done on several occasions.

She's also found that those fingers work quite well for other taste treats of questionable nutritional value: rocks (a workout for those new teeth), sand, flowers, grass, newsprint, magazine pages (freshly torn from the book, of course), chewing gum (it's better with the paper still on it, you know) and samples of the foam covers on a stereo headset (a little from the left phone and a little from the right—for "balanced" flavor perhaps).

At least these gastronomical adventures apparently haven't diminished her appetite for the more traditional dishes—like the pink-frosted pound cake her granddaddy made and decorated especially for her.

The cake—with ice cream—was served Father's Day afternoon "tea party" style to Ellen, Melissa and two darling little girls who live next door to the grandparents. Did they ever have fun! And Ellen was so busy eating and watching the other children that she didn't even make much of a mess.

After the party, we all had to scurry about getting ready for the wrap-up program at the Bible School Melissa had attended the week before near Liberty.

Packing the car was a monumental task—with Melissa's bike (she just couldn't do without it for a whole week!), Ellen's birthday presents, my Dad's Day gifts, Bible School crafts, etc.

We did manage to get to the program on time and enjoyed hearing Melissa and one of her cousins sing some delightful songs they'd learned with the help of the Bible School volunteers. Ellen even sat quietly throughout the program, to our utter amazement.

As we finally drove into Raleigh that night, Melissa was chattering away about the events of this busy Father's Day.

She said, "You know who's the real Father for all of us, don't you? It's God." Looking skyward, she added: "Happy Father's Day, God!"

Having thoroughly savoured the day through joyous shared moments with my two girls, I couldn't help wondering what kind of day His "children" had given Him.

Ice Cream: No Celebration Required

Ice cream seems a natural part of any birthday celebration, but Americans don't need a special occasion to partake.

They consumed three billion quarts of ice cream in 1981, which amounts to about 15 quarts per person.

That's one of the interesting tidbits in a booklet prepared for editors to promote National Ice Cream Day on July 15.

Here are a few others:

- Vanilla is the most popular ice cream flavor, followed by chocolate, neapolitan, chocolate chip and strawberry.
- George Washington had such an appetite for ice cream that he consumed $200 worth in the summer of 1790. He even had ice cream-making equipment at Mount Vernon.
- In 1921, immigrants on Ellis Island, New York, were treated to ice cream. Many had never seen it before and spread their new "cold butter" on bread.
- The "World's Fair Cornucopia" became the first ice cream cone at the 1904 St. Louis World's Fair. When a concessionaire ran out of clean dishes, he used a crisp, wafer-like Persian pastry made by a neighboring concessionaire, and it was an instant hit.

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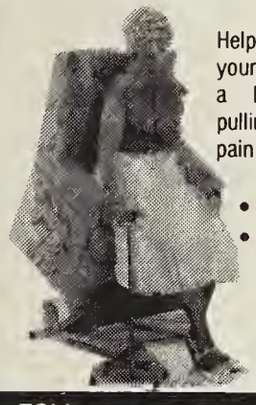

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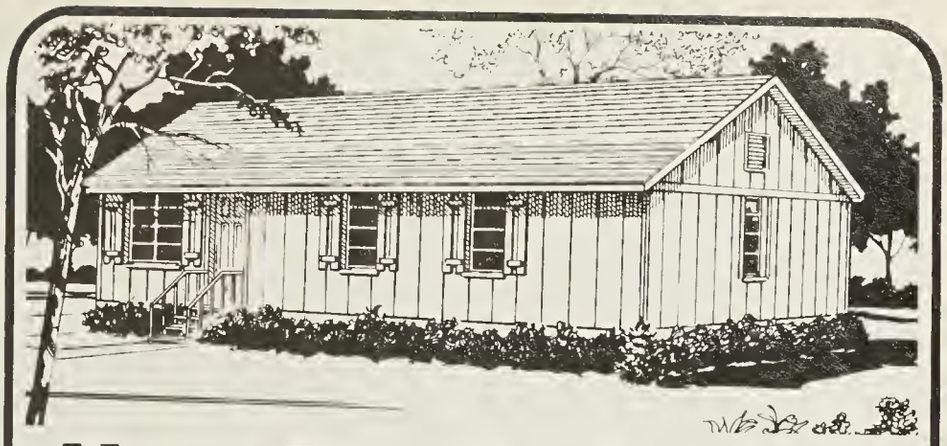

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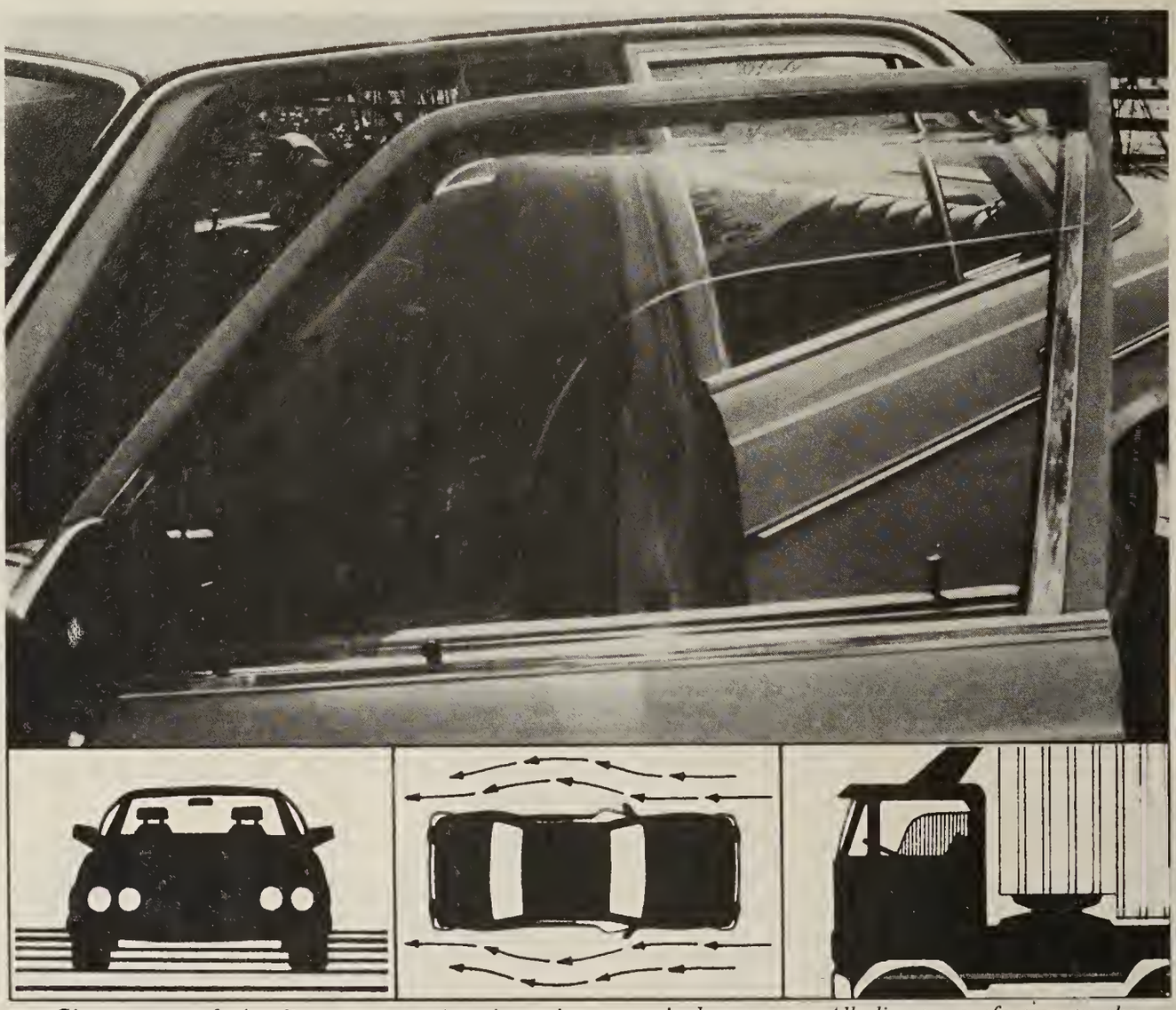

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